

FROM THE MID FACE TO THE BROW - ADVANCED TECHNIQUES IN PERIORBITAL REJUVENATION AND ASIAN BLEPHAROPLASTY

CROWN CONFERENCE CENTRE
15 - 17 FEBRUARY 2019



PROGRAM



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ENDORSED BY



23rd ADVANCED AESTHETIC PLASTIC SURGERY WORKSHOP 2019

FRIDAY 15 FEBRUARY 2019

7:30am - 8:30am	Registration		
8:30am - 8:40am	Opening remarks - Andrew Greensmith		
8:40am - 10:30am	The basics, the essentials and more in the Periorbital region Moderator: Andrew Greensmith		
8:40am - 8:55am	Applied eyelid periorbital anatomy – patient assessment and anatomical pitfalls	15 mins	Salvatore Pacella
8:55am - 9:20am	Role of the bony orbital frame in upper lid aesthetics	25 mins	Bryan Mendelson
9:20am - 9:50am	Asian Blepharoplasty Fundamentals concepts, terminology and basic science	30 mins	William Chen
9:50am - 10:00am	Aging changes in the eyelids and periorbital area	10 mins	Graeme Southwick
10:00am - 10:30am	Group Photograph in the Foyer		
10:30am - 11:00am	MORNING TEA WITH INDUSTRY		
11:00am - 1:00pm	Upper Eyelid Rejuvenation Moderator: Damon Thomas		
11:00am - 11:20am	Upper Blepharoplasty	20 mins	Nuri Celik
11:20am - 11:40am	Illusion in Upper Eyelid Aesthetics and tarsal fixation	20 mins	Bryan Mendelson
11:40am - 12:10pm	Asian Blepharoplasty – advanced concepts, ideals and faults	30 mins	William Chen
12:10pm - 12:30pm	Upper Blepharoplasty – pearls and pitfalls in my 30 year evolution	20 mins	Graeme Southwick
12:30pm - 12:50pm	Management of the Ptotic Eyelid in Blepharoplasty	20 mins	Salvatore Pacella
12:50pm - 1:00pm	Upper Blepharoplasty	10 mins	Peter Callan
1:00pm - 2:30pm	LUNCH WITH INDUSTRY		
2:30pm - 5:20pm	Asian Blepharoplasty continued and Advanced Brow Rejuvenation Moderator: Andrew Greensmith		
2:30pm - 2:50pm	Brow lift – modifications through the years – a 30 year perspective	20 mins	Graeme Southwick
2:50pm - 3:20pm	Brow/ temporal lift – alternative methods and lessons learnt over 30 years	30 mins	Bryan Mendelson
3:20pm - 3:50pm	Primary Double Eyelid Surgery	30 mins	William Chen
3:50pm - 4:20pm	AFTERNOON TEA WITH INDUSTRY		
4:20pm - 4:40pm	Brow lift surgery options – low, high forehead, the bald male patient and other challenges	20 mins	Warwick Nettle
4:40pm - 5:05pm	My approach to brow and temporal lifting	25 mins	Salvatore Pacella
5:05pm - 5:20pm	Non Surgical Lower Lid Rejuvenation Part 1	15 mins	Steven Liew

SATURDAY 16 FEBRUARY 2019

8:00am - 8:30am	Registration		
8:30am - 10:30am	Revisional Upper Lid Surgery and Lower Lid Rejuvenation Moderator: Naveen Somia		
8:30am - 9:00am	Revisional Asian Blepharoplasty	30 mins	William Chen
9:00am - 9:20am	Revisional Upper Blepharoplasty	20 mins	Nuri Celik
9:20am - 9:40am	Lower Blepharoplasty	20 mins	Peter Callan
9:40am - 10:00am	Lower Blepharoplasty and Canthopexy	20 mins	Nuri Celik
10:00am - 10:25am	Lower Blepharoplasty	25 mins	Salvatore Pacella
10:25am - 10:30am	Q&A	5 mins	
10:30am - 11:00am	MORNING TEA WITH INDUSTRY		

11:00am - 1:00pm	Lower Lid Rejuvenation Moderator: Edmund Ek		
11:00am - 11:15am	Pinch lower Blepharoplasty and its applications	15 mins	Warwick Nettle
11:15am - 11:35am	Non Surgical Rejuvenation of the Lower Lid Part 2	20 mins	Steven Liew
11:35am - 11:50am	Lower Blepharoplasty	15 mins	William Chen
11:50am - 12:15pm	Ectropion, entropion and eyelid malposition, canthopexy and canthoplasty	25 mins	William Chen
12:15pm - 12:45pm	Lower Blepharoplasty – tips and pitfalls	30 mins	Naveen Somia
12:45pm - 1:00pm	Blepharoplasty in the prominent eye patient - canthal fixation and spacer grafts	15 mins	Salvatore Pacella
1:00pm - 2:00pm	LUNCH WITH INDUSTRY		
2:00pm - 5:30pm	The Midface and Temple Part One Moderator: Rodrigo Teixeira		
2:00pm - 2:30pm	Advanced applied anatomy of the midface	30 mins	Bryan Mendelson
2:30pm - 3:00pm	My approach to midface rejuvenation	30 mins	Graeme Southwick
3:00pm - 3:30pm	Concentric Malar lift – its current role	30 mins	Bryan Mendelson
3:30pm - 4:00pm	AFTERNOON TEA WITH INDUSTRY		
4:00pm - 4:15pm	Mid cheek augmentation	15 mins	Bryan Mendelson
4:15pm - 4:45pm	My approach to midface rejuvenation	30 mins	Nuri Celik
4:45pm - 5:00pm	Correction of malar mounds	15 mins	Warwick Nettle
5:00pm - 5:30pm	Avoiding and dealing with midface surgery complications	30 mins	Nuri Celik
5:30pm - 7:00pm	HAPPY HOUR (AND A HALF) WITH INDUSTRY		

SUNDAY 17 FEBRUARY 2019

8:30am - 9:00am	Registration		
9:00am - 10:20am	The Midface Part Two and Non Surgical Approaches to the Periorbital Region Moderator: Peter Callan		
9:00am - 9:20am	Management of mid face and lower lid complications	20 mins	Salvatore Pacella
9:20am - 9:40am	Lacrimal Disorder	20 mins	William Chen
9:40am - 10:00am	The importance of medial canthal position and integrity for lower eyelid surgery	20 mins	Nuri Celik
10:00am - 10:20am	Benchmarks in Asian Upper Blepharoplasty	20 mins	William Chen
10:20am - 10:50am	MORNING TEA WITH INDUSTRY		
10:50am - 12:20pm	Problem Case Panel and Non Surgical Periorbital Rejuvenation Moderator: Graeme Southwick		
10:50am - 12:00/12:20pm	Problem Case Presentations and Panel discussion Panel - Graeme Southwick, Warwick Nettle, Bryan Mendelson, Nuri Celik, Salvatore Pacella, Peter Callan, Steven Liew, William Chen		
12:20pm	Event Concludes		

*Program subject to change

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- No surgery
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UNDER THE CHIN



BEFORE



12 WEEKS AFTER
SECOND COOLSCULPTING® SESSION

Patient received one treatment cycle at each of the two treatment sessions, which occurred six weeks apart. *Photos courtesy of Brian Zelickson, MD.*

ABDOMEN



BEFORE



16 WEEKS AFTER
SECOND COOLSCULPTING® SESSION

Patient received two treatment cycles at each of the three treatment sessions. *Photos courtesy of Brian S Biesman, MD.*

THIGHS



BEFORE



28 WEEKS AFTER
COOLSCULPTING® TREATMENT ON
RIGHT INNER THIGH AND 12 WEEKS
AFTER EQUALISATION TREATMENT ON
LEFT INNER THIGH

Patient received one treatment cycle. *Image from Boey GL and Wasilenchuck JL, 2014*

UPPER ARM



BEFORE



12 WEEKS AFTER
COOLSCULPTING® SESSION

Patient received one treatment cycle. *Image from Carruthers JD et al, 2017.*

Images courtesy of Allergan unless otherwise stated. Results and patient experience may vary. Patients shown are within ± 2.25 kg of their original weight unless specified.

*American Society for Dermatologic Surgery (ASDS) Survey on Dermatologic Procedures. Data was collected for the 2016 experience and generalised to represent all ASDS members. 177,000 cryolipolysis procedures out of 387,000 total body sculpting procedures.

During the procedure you may experience sensations of pulling, tugging, mild pinching, intense cold, tingling, stinging, aching and cramping at the treatment site. These sensations may subside as the area becomes numb. Following the procedure, typical side effects include redness, swelling, blanching, bruising, firmness, tingling, stinging, tenderness, cramping, aching, itching, skin sensitivity and numbness. Numbness can persist for up to several weeks. A sensation of fullness in the back of the throat may occur after submental treatment. Rare side effects such as paradoxical hyperplasia, late-onset pain, freeze burn, vasovagal symptoms, subcutaneous induration, hyperpigmentation and hernia may also occur. The CoolSculpting® procedure is not for everyone. You should not have the CoolSculpting® procedure if you suffer from cryoglobulinaemia, cold agglutinin disease or paroxysmal cold haemoglobinuria. The CoolSculpting® procedure is not a treatment for obesity. As with any medical procedure, ask your physician if the CoolSculpting® procedure is right for you.

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