

# FROM THE MID FACE TO THE BROW - ADVANCED TECHNIQUES IN PERIORBITAL REJUVENATION AND ASIAN BLEPHAROPLASTY

CROWN CONFERENCE CENTRE  
15 - 17 FEBRUARY 2019



# PROGRAM



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ENDORSED BY



# 23<sup>rd</sup> ADVANCED AESTHETIC PLASTIC SURGERY WORKSHOP 2019

## FRIDAY 15 FEBRUARY 2019

7:30am - 8:30am	Registration		
8:30am - 8:40am	Opening remarks - Andrew Greensmith		
<b>8:40am - 10:30am</b>	<b>The basics, the essentials and more in the Periorbital region</b> <b>Moderator: Andrew Greensmith</b>		
8:40am - 8:55am	Applied eyelid periorbital anatomy – patient assessment and anatomical pitfalls	15 mins	Salvatore Pacella
8:55am - 9:20am	Role of the bony orbital frame in upper lid aesthetics	25 mins	Bryan Mendelson
9:20am - 9:50am	Asian Blepharoplasty Fundamentals concepts, terminology and basic science	30 mins	William Chen
9:50am - 10:00am	Aging changes in the eyelids and periorbital area	10 mins	Graeme Southwick
10:00am - 10:30am	Group Photograph in the Foyer		
<b>10:30am - 11:00am</b>	<b>MORNING TEA WITH INDUSTRY</b>		
<b>11:00am - 1:00pm</b>	<b>Upper Eyelid Rejuvenation</b> <b>Moderator: Damon Thomas</b>		
11:00am - 11:20am	Upper Blepharoplasty	20 mins	Nuri Celik
11:20am - 11:40am	Illusion in Upper Eyelid Aesthetics and tarsal fixation	20 mins	Bryan Mendelson
11:40am - 12:10pm	Asian Blepharoplasty – advanced concepts, ideals and faults	30 mins	William Chen
12:10pm - 12:30pm	Upper Blepharoplasty – pearls and pitfalls in my 30 year evolution	20 mins	Graeme Southwick
12:30pm - 12:50pm	Management of the Ptotic Eyelid in Blepharoplasty	20 mins	Salvatore Pacella
12:50pm - 1:00pm	Upper Blepharoplasty	10 mins	Peter Callan
<b>1:00pm - 2:30pm</b>	<b>LUNCH WITH INDUSTRY</b>		
<b>2:30pm - 5:20pm</b>	<b>Asian Blepharoplasty continued and Advanced Brow Rejuvenation</b> <b>Moderator: Andrew Greensmith</b>		
2:30pm - 2:50pm	Brow lift – modifications through the years – a 30 year perspective	20 mins	Graeme Southwick
2:50pm - 3:20pm	Brow/ temporal lift – alternative methods and lessons learnt over 30 years	30 mins	Bryan Mendelson
3:20pm - 3:50pm	Primary Double Eyelid Surgery	30 mins	William Chen
<b>3:50pm - 4:20pm</b>	<b>AFTERNOON TEA WITH INDUSTRY</b>		
4:20pm - 4:40pm	Brow lift surgery options – low, high forehead, the bald male patient and other challenges	20 mins	Warwick Nettle
4:40pm - 5:05pm	My approach to brow and temporal lifting	25 mins	Salvatore Pacella
5:05pm - 5:20pm	Non Surgical Lower Lid Rejuvenation Part 1	15 mins	Steven Liew

## SATURDAY 16 FEBRUARY 2019

8:00am - 8:30am	Registration		
<b>8:30am - 10:30am</b>	<b>Revisional Upper Lid Surgery and Lower Lid Rejuvenation</b> <b>Moderator: Naveen Somia</b>		
8:30am - 9:00am	Revisional Asian Blepharoplasty	30 mins	William Chen
9:00am - 9:20am	Revisional Upper Blepharoplasty	20 mins	Nuri Celik
9:20am - 9:40am	Lower Blepharoplasty	20 mins	Peter Callan
9:40am - 10:00am	Lower Blepharoplasty and Canthopexy	20 mins	Nuri Celik
10:00am - 10:25am	Lower Blepharoplasty	25 mins	Salvatore Pacella
10:25am - 10:30am	Q&A	5 mins	
<b>10:30am - 11:00am</b>	<b>MORNING TEA WITH INDUSTRY</b>		

<b>11:00am - 1:00pm</b>	<b>Lower Lid Rejuvenation Moderator: Edmund Ek</b>		
11:00am - 11:15am	Pinch lower Blepharoplasty and its applications	15 mins	Warwick Nettle
11:15am - 11:35am	Non Surgical Rejuvenation of the Lower Lid Part 2	20 mins	Steven Liew
11:35am - 11:50am	Lower Blepharoplasty	15 mins	William Chen
11:50am - 12:15pm	Ectropion, entropion and eyelid malposition, canthopexy and canthoplasty	25 mins	William Chen
12:15pm - 12:45pm	Lower Blepharoplasty – tips and pitfalls	30 mins	Naveen Somia
12:45pm - 1:00pm	Blepharoplasty in the prominent eye patient - canthal fixation and spacer grafts	15 mins	Salvatore Pacella
<b>1:00pm - 2:00pm</b>	<b>LUNCH WITH INDUSTRY</b>		
<b>2:00pm - 5:30pm</b>	<b>The Midface and Temple Part One Moderator: Rodrigo Teixeira</b>		
2:00pm - 2:30pm	Advanced applied anatomy of the midface	30 mins	Bryan Mendelson
2:30pm - 3:00pm	My approach to midface rejuvenation	30 mins	Graeme Southwick
3:00pm - 3:30pm	Concentric Malar lift – its current role	30 mins	Bryan Mendelson
<b>3:30pm - 4:00pm</b>	<b>AFTERNOON TEA WITH INDUSTRY</b>		
4:00pm - 4:15pm	Mid cheek augmentation	15 mins	Bryan Mendelson
4:15pm - 4:45pm	My approach to midface rejuvenation	30 mins	Nuri Celik
4:45pm - 5:00pm	Correction of malar mounds	15 mins	Warwick Nettle
5:00pm - 5:30pm	Avoiding and dealing with midface surgery complications	30 mins	Nuri Celik
<b>5:30pm - 7:00pm</b>	<b>HAPPY HOUR (AND A HALF) WITH INDUSTRY</b>		

## SUNDAY 17 FEBRUARY 2019

8:30am - 9:00am	Registration		
<b>9:00am - 10:20am</b>	<b>The Midface Part Two and Non Surgical Approaches to the Periorbital Region Moderator: Peter Callan</b>		
9:00am - 9:20am	Management of mid face and lower lid complications	20 mins	Salvatore Pacella
9:20am - 9:40am	Lacrimal Disorder	20 mins	William Chen
9:40am - 10:00am	The importance of medial canthal position and integrity for lower eyelid surgery	20 mins	Nuri Celik
10:00am - 10:20am	Benchmarks in Asian Upper Blepharoplasty	20 mins	William Chen
<b>10:20am - 10:50am</b>	<b>MORNING TEA WITH INDUSTRY</b>		
<b>10:50am - 12:20pm</b>	<b>Problem Case Panel and Non Surgical Periorbital Rejuvenation Moderator: Graeme Southwick</b>		
10:50am - 12:00/12:20pm	Problem Case Presentations and Panel discussion <b>Panel</b> - Graeme Southwick, Warwick Nettle, Bryan Mendelson, Nuri Celik, Salvatore Pacella, Peter Callan, Steven Liew, William Chen		
12:20pm	Event Concludes		

\*Program subject to change

# FREEZE AWAY FAT

A leading non-invasive fat reduction treatment,\* with over 5 million treatment cycles performed (2009 - Sep17)

- No surgery
- No needles
- Minimal expected downtime



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## UNDER THE CHIN



**BEFORE**



**12 WEEKS AFTER**  
SECOND COOLSCULPTING® SESSION

Patient received one treatment cycle at each of the two treatment sessions, which occurred six weeks apart. Photos courtesy of Brian Zelickson, MD.

## ABDOMEN



**BEFORE**



**16 WEEKS AFTER**  
SECOND COOLSCULPTING® SESSION

Patient received two treatment cycles at each of the three treatment sessions. Photos courtesy of Brian S Biesman, MD.

## THIGHS



**BEFORE**



**28 WEEKS AFTER**  
COOLSCULPTING® TREATMENT ON  
RIGHT INNER THIGH AND 12 WEEKS  
AFTER EQUALISATION TREATMENT ON  
LEFT INNER THIGH

Patient received one treatment cycle  
Image from Boey GL and Wasilenchuck JL, 2014

## UPPER ARM



**BEFORE**



**12 WEEKS AFTER**  
COOLSCULPTING® SESSION

Patient received one treatment cycle  
Image from Carruthers JD et al, 2017.

Images courtesy of Allergan unless otherwise stated. Results and patient experience may vary. Patients shown are within  $\pm 2.25$  kg of their original weight unless specified.

\*American Society for Dermatologic Surgery (ASDS) Survey on Dermatologic Procedures. Data was collected for the 2016 experience and generalised to represent all ASDS members. 177,000 cryolipolysis procedures out of 387,000 total body sculpting procedures.

During the procedure you may experience sensations of pulling, tugging, mild pinching, intense cold, tingling, stinging, aching and cramping at the treatment site. These sensations may subside as the area becomes numb. Following the procedure, typical side effects include redness, swelling, blanching, bruising, firmness, tingling, stinging, tenderness, cramping, aching, itching, skin sensitivity and numbness. Numbness can persist for up to several weeks. A sensation of fullness in the back of the throat may occur after submental treatment. Rare side effects such as paradoxical hyperplasia, late-onset pain, freeze burn, vasovagal symptoms, subcutaneous induration, hyperpigmentation and hernia may also occur. The CoolSculpting® procedure is not for everyone. You should not have the CoolSculpting® procedure if you suffer from cryoglobulinaemia, cold agglutinin disease or paroxysmal cold haemoglobinuria. The CoolSculpting® procedure is not a treatment for obesity. As with any medical procedure, ask your physician if the CoolSculpting® procedure is right for you.

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Adverse events should be reported to: Australia - AU-CoolSculpting@Allergan.com.