



**7 – 8 February 2025  
Crown Conference Centre  
Melbourne**

<b>27<sup>TH</sup> ADVANCED AESTHETIC PLASTIC SURGERY WORKSHOP 2025</b>			
<b>FRIDAY 7<sup>TH</sup> FEBRUARY 2025</b>			
7.30am - 8.00am	Registration		
8.00am - 8.10am	Welcome Remarks		
<b>8.10am – 10.30am</b>	<b>SESSION ONE</b>		
	<b>Moderator:</b>		
8.10am – 8.15am	Trade	5 min	
8.15am – 8.35am	Hybrid Mini Abdominoplasty	20 min	Dr Alexis Delobaux
8.35am – 8.50am	My refinements in Abdominoplasty	15 min	Dr Dean Trotter
9.40am – 10.00am	3D Abdominoplasty: Pushing the envelope	20 min	Dr Kourosh Tavakoli
10.00am – 10.20am	Advancing Abdominoplasty: Techniques for optimal contour and safety	20 min	Dr Tim Papadopoulos
10.20am – 10.30am	Discussion	10 min	
<b>10.30am – 10.45am</b>	<b>GROUP PHOTO</b>		
<b>10.45am – 11.15am</b>	<b>MORNING TEA</b>		
<b>11.15am – 12.45pm</b>	<b>SESSION TWO</b>		
	<b>Moderator:</b>		
11.15am – 11.20am	Trade	5 min	
11.20am – 11.35am	Securing a good umbilicus	15 min	Dr David Caminer
11.35am – 11.50am	Evidence for factors affecting post operative swelling and seroma post Abdominoplasty	15 min	Dr Amira Sanki
11.50am – 12.05pm	Lipodema	15 min	Dr Alexis Delobaux
12.05pm – 12.20pm	Using skin adhesion mapping to optimise body contouring	20 min	Dr Alistair Taylor
12.20pm – 12.40pm	Lessons learnt on body contouring in Brazil	20 min	Dr Raul Evora
<b>12.40pm – 1.40pm</b>	<b>LUNCH</b>		
<b>1.40pm – 3pm</b>	<b>SESSION THREE</b>		
	<b>Moderator:</b>		
1.40pm – 1.45pm	Trade	5 min	
1.45pm – 2.00pm	Preliminary skin retraction study	15 min	Dr Anh Nguyen
2.00pm – 2.15pm	Scarless gynaecomastia surgery: the side port approach	15 min	Dr Anmol Chugh
2.15pm – 2.30pm	Male chest contouring	15 min	Dr Alexis Delobaux
2.30pm – 2.45pm	Concepts in arm reduction surgery	15 min	Dr Alenka Paddle
2.45pm – 3pm	Refinements in buttock surgery	15 min	Dr Morris Ritz
<b>3.00pm – 3.30pm</b>	<b>AFTERNOON TEA</b>		
<b>3.30pm – 5.30pm</b>	<b>SESSION FOUR</b>		
	<b>Moderator:</b>		
3.30pm – 3.35pm	Trade	5 min	
3.35pm – 3.45pm	Recent concepts in bariatric surgery	10 min	Dr Andrew Packiyathan
3.45pm – 3.55pm	Nutrition in the MWL patient having surgery	10 min	TBA
3.55pm – 4.05pm	GLP1 agonist update	10 min	Dr Bryan Lashansky
4.05pm – 4.20pm	Comprehensive body lifting: merging artistry with functionality in post weight loss patients	15 min	Dr Tim Papadopoulos
4.20pm – 4.30pm	Overcoming difficulties with Calf contouring	10 min	Dr Morris Ritz
4.30pm – 4.40pm	Perioperative optimisation strategies for liposuction patients	10 min	Dr Ian Loh
4.40pm – 4.50pm	My experience with Vaser Liposuction	10 min	Dr Kourosh Tavakoli

4.50pm – 5.00pm	Is psychological screening in plastic surgery valuable?	10 min	Dr Amira Sanki
5.00pm – 5.30pm	Discussion	30 min	
<b>5.30pm – 7pm</b>	<b>COCKTAIL RECEPTION</b>		
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<b>SATURDAY 8<sup>TH</sup> FEBRUARY 2025</b>			
8.00 – 8.30am	Registration		
8.30am – 10.15am	SESSION ONE Moderator:		
8.30am- 8.35am	Trade	5 min	
8.35am – 8.55am	Who I am and what is the BCA	20 min	Dr Alexis Delobaux
8.55am – 9.15am	Personal Branding	20 min	Dr Alexis Delobaux
9.15am – 9.35am	Innovation and the modern Abdominoplasty, the 21 <sup>st</sup> Century	20 min	Dr Jamil Hayek
9.35am – 9.55am	Building a body contouring practice in Beverley Hills	20 min	Dr Charles Galanis
9.55am – 10.15am	The 4 A's	20 min	Dr Jamil Hayek
<b>10.15am – 10.45am</b>	<b>MORNING TEA</b>		
10.45am – 1.15pm	SESSION TWO Moderator:		
10.45am – 11.05am	Renuvion: Skin tightening beyond expectations	20 min	Dr Kaloyan Denkov
11.05am – 11.25am	My journey in liposculpture	20 min	Dr Ali Saalabian
11.25am – 11.45am	Building a multilocation practice	20 min	Dr Jamil Hayek
11.45am – 12.15pm	Live Drawing session 1 male and 1 female patient	30 min	
<b>12.15pm – 1.15pm</b>	<b>LUNCH</b>		
1.15pm – 2.55pm	SESSION THREE Moderator:		
1.10pm – 1.15pm	TRADE	5 min	
1.15pm – 1.30pm	Male Liposculpture: How I do it	15 min	Dr Alexis Delobaux
1.30pm – 1.45pm	The hybrid tuck approach	15 min	Dr Charles Galanis
1.45pm – 2.00pm	Male high definition liposculpture	15 min	Dr Kaloyan Denkov
2.00pm – 2.15pm	Scarless rib remodelling: The RIBXCAR revolution	15 min	Dr Alexis Delobaux
2.15pm – 2.30pm	My practice in Vienna	15 min	Dr Ali Saalabian
2.30pm – 2.45pm	My learning curve	15 min	Dr Kaloyan Denkov
<b>2.45pm – 3.15pm</b>	<b>AFTERNOON TEA</b>		
3.15pm – 5.00pm	SESSION FOUR Moderator:		
3.15pm – 3.20pm	Trade	5 min	
3.20pm – 3.35pm	The safe evolution of liposuction into liposculpture	15 min	Dr Jamil Hayek
3.35pm – 3.50pm	Echo guided buttocks lipofilling: Should we all do it in 2025	15 min	Dr Alexis Delobaux
3.50pm – 4.50pm	Drawing sessions with 2 surgeons from the audience, 1 male and 1 female model Ultrasound anatomy- Pecs, shoulders and buttocks	60 min	Dr Charles Galanis, Dr Ali Saalabian, Dr Alexis Delobaux



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4.50pm – 5.20pm	Best Business and marketing tips from BCA experts	30 min	Dr Alexis Delobaux
5.20pm – 5.30pm	Closing Remarks	10 min	Dr Graeme Southwick