

27TH ADVANCED AESTHETIC PLASTIC SURGERY WORKSHOP 2025			
FRIDAY 7TH FEBRUARY 2025			
7.30am - 8.00am	Registration		
8.00am - 8.10am	Welcome Remarks		Dr Morris Ritz
8.10am – 10.15am	SESSION ONE - Moderator: Graeme Southwick		
8.10am – 8.30am	Hybrid Mini Abdominoplasty	20 min	Dr Alexis Delobaux
8.30am – 8.50am	My refinements in Abdominoplasty	20 min	Dr Dean Trotter
8.50am – 9.05am	3D Abdominoplasty: Pushing the envelope	15 min	Dr Kourosh Tavakoli
9.05am – 9.25am	Advancing Abdominoplasty: Techniques for optimal contour and safety	20 min	Dr Tim Papadopoulos
9.25am – 9.40am	Drainless Abdominoplasty as Day Procedure	15 min	Dr Malcolm Linsell
9.40am – 9.55am	Securing a good umbilicus	15 min	Dr David Caminer
9.55am – 10.10am	Discussion	15 min	
10.10am – 10.30am	GROUP PHOTO		
10.30am – 11.00am	MORNING TEA		
11.00am – 12.45pm	SESSION TWO - Moderator: Morris Ritz		
11.00am – 11.05am	Trade	5 min	I-Medix
11.05am – 11.20am	Evidence for factors affecting post operative swelling and seroma post Abdominoplasty	15 min	Dr Amira Sanki
11.20am – 11.35am	Lipodema	15 min	Dr Alexis Delobaux
11.35am – 11.50am	Corset Abdominoplasty in massive weight loss patients revisited	15 min	Dr Sepehr Lajevardi
11.50am – 12.10pm	Using skin adhesion mapping to optimise body contouring	20 min	Dr Alastair Taylor
12.10pm – 12.30pm	Lessons learnt on body contouring in Brazil	20 min	Dr Raul Evora
12.30pm – 12.45pm	Discussion	15 min	
12.45pm – 1.45pm	LUNCH		
1.45pm – 3.15pm	SESSION THREE - Moderator: Dr Alenka Paddle		
1.45pm – 1.50pm	Trade	5 min	Samson Medical Technologies
1.50pm – 2.05pm	Preliminary skin retraction study	15 min	Dr Anh Nguyen
2.05pm – 2.20pm	Scarless gynaecomastia surgery: the side port approach	15 min	Dr Anmol Chugh
2.20pm – 2.35pm	Male chest contouring	15 min	Dr Alexis Delobaux
2.35pm – 2.50pm	Concepts in arm reduction surgery	15 min	Dr Alenka Paddle
2.50pm – 3.05pm	Refinements in buttock surgery	15 min	Dr Morris Ritz
3.05pm – 3.15pm	Discussion	10 min	
3.15pm – 3.45pm	AFTERNOON TEA		
3.45pm – 5.30pm	SESSION FOUR - Moderator: Dr Andrew Greensmith		
3.45pm – 3.50pm	Trade	5 min	Life Healthcare
3.50pm – 4.00pm	ASAPS Board Certification Process	10 min	Dr Cameron Keating
4.00pm – 4.10pm	Recent concepts in bariatric surgery	10 min	Dr Andrew Packiyathan
4.10pm – 4.20pm	GLP1 agonist update	10 min	Dr Bryan Lashansky
4.20pm – 4.35pm	Comprehensive body lifting: merging artistry with functionality in post weight loss patients	15 min	Dr Tim Papadopoulos
4.35pm – 4.45pm	Overcoming difficulties with Calf contouring	10 min	Dr Morris Ritz
4.45pm – 4.55pm	Optimising peri-operative nutritional weight loss in Massive weight loss patients'	10 min	Dr Ian Loh
4.55pm – 5.05pm	My experience with Vaser Liposuction	10 min	Dr Kourosh Tavakoli



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5.05pm – 5.15pm	Is psychological screening in plastic surgery valuable?	10 min	Dr Amira Sanki
5.15pm – 5.30pm	Discussion	15 min	
5.30pm – 6.30pm	COCKTAIL RECEPTION		
27TH ADVANCED AESTHETIC PLASTIC SURGERY WORKSHOP 2025			
SATURDAY 8TH FEBRUARY 2025			
8.00am – 8.30am	Registration		
8.30am – 10.15am	SESSION ONE - Moderator: Dr Damon Thomas		
8.30am- 8.35am	Trade	5 min	Legacy Risk Advice
8.35am – 8.55am	Who I am and what is the BCA	20 min	Dr Alexis Delobaux
8.55am – 9.15am	Personal Branding	20 min	Dr Alexis Delobaux
9.15am – 9.35am	Innovation and the modern Abdominoplasty, the 21 st Century	20 min	Dr Jamil Hayek
9.35am – 9.55am	Body Lift and my favourite skin excision procedures	20 min	Dr Ali Saalabian
9.55am – 10.15am	The 4 A's	20 min	Dr Jamil Hayek
10.15am – 10.45am	MORNING TEA		
10.45am – 12.30pm	SESSION TWO - Moderator: Craig Layt		
10.45am – 10.55am	Trade	10 min	Inmode video Dr Alfredo Hoyos
10.55am – 11.15am	Renuvion: Skin tightening beyond expectations	20 min	Dr Kaloyan Denkov
11.15am – 11.35am	My journey in liposculpture	20 min	Dr Ali Saalabian
11.35am – 11:55am	Building a multilocation practice	20 min	Dr Jamil Hayek
11:55am – 12.30pm	Live Drawing session 1 male and 1 female	25 min	
12:30pm – 1.30pm	LUNCH		
1.30pm – 2.55pm	SESSION THREE - Moderator: Dr Vachara Niumswatt		
1.30pm – 1.35pm	TRADE	5 min	Mentor
1.35pm – 1.50pm	Male Liposculpture: How I do it	15 min	Dr Alexis Delobaux
1.50pm – 2.05pm	How I use skin tightening technology in my everyday practice	15 min	Dr Ali Saalabian
2.05pm – 2.20pm	Male high definition liposculpture	15 min	Dr Kaloyan Denkov
2.20pm – 2.35pm	Scarless rib remodelling: The RIBXCAR revolution	15 min	Dr Alexis Delobaux
2.35pm – 2.50pm	My practice in Vienna	15 min	Dr Ali Saalabian
2.50pm – 3.05pm	My learning curve	15 min	Dr Kaloyan Denkov
3.05pm – 3.35pm	AFTERNOON TEA		
3.35pm – 5.00pm	SESSION FOUR - Moderator: Dr Ian Loh		
3.35pm – 3.40pm	Trade	5 min	High Tech Medical
3.40pm – 3.55pm	The safe evolution of liposuction into liposculpture	15 min	Dr Jamil Hayek
3.55pm – 4.10pm	Echo guided buttocks lipofilling: Should we all do it in 2025	15 min	Dr Alexis Delobaux
4.10pm – 4.50pm	Drawing sessions with 2 surgeons from the audience, 1 male and 1 female Ultrasound anatomy- Pecs, shoulders	40 min	
4.50pm – 5.20pm	Best Business and marketing tips from BCA experts	30 min	Dr Alexis Delobaux
5.20pm – 5.30pm	Closing Remarks	10 min	Dr Graeme Southwick