

<b>28<sup>TH</sup> ADVANCED AESTHETIC PLASTIC SURGERY WORKSHOP 2026</b>			
<b>FRIDAY 20<sup>TH</sup> FEBRUARY 2026</b>			
7.30am – 8.00am	Registration		
8.00am – 8.10am	Welcome Remarks- Morris Ritz		
<b>8.10am – 10.00am</b>	<b>SESSION ONE- Moderator: Graeme Southwick</b>		
8.10am – 8.30am	Practical facial anatomy	20 min	Dr Francisco Bravo
8.30am – 8.40am	New thoughts on the zygomatic ligament - a histological study	10 min	Dr Raul Evora
8.40am – 8.55am	Superficial Musculoaponeurotic Fatty Fascial System (SMAFFS): Redefining Facial Anatomy Through Embryological Understanding	15 min	Dr Tim Papadopoulos
8.55am – 9.10am	The face is a diagram of forces - understanding regenerative facelift surgery from the outside-in & inside-out	15 min	Dr Jeremy Wilson
9.10am – 9.30am	Personal history of deep plane facelift	20 min	Dr Bryan Mendelson
9.30am – 9.50am	Decision making in aesthetic plastic surgery: determining what needs to be done	20 min	Dr Francisco Bravo
9.50am – 10.00am	Discussion	10 min	
<b>10.00am – 10.15am</b>	<b>Group Photo</b>		
<b>10.15am – 10.45am</b>	<b>MORNING TEA</b>		
<b>10.45am – 12.15pm</b>	<b>SESSION TWO- Moderator: Morris Ritz</b>		
10.45am – 10.50am	Trade	5 min	
10.50am – 11.00am	Decisions on Incisions	10 min	Dr Alenka Paddle
11.00am – 11.10am	The tragal turnover flap to improve facelift sequelae	10 min	Dr David Caminer
11.10am – 11.40am	Artistry in facelift beyond the deep plane: an algorithm for technique choice	30 min	Dr Jerry O'Daniel
11.40am – 12.00pm	Direct deep plane face lift	20 min	Dr Francisco Bravo
12.00pm – 12.15pm	The Y-lift	15 min	Dr Yan Trokel
12.15pm – 12.25pm	Discussion	10 min	
<b>12.25pm- 1.25pm</b>	<b>LUNCH</b>		
<b>1.25pm – 3.20pm</b>	<b>SESSION THREE- Moderator: Andrew Greensmith</b>		
1.25pm – 1.30pm	Trade	5 min	
1.30pm – 1.50pm	Rational for deep neck lift and new thoughts on platysma anatomy	20 min	Dr Jerry O'Daniel
1.50pm – 2.05pm	The structural and functional anatomy of the platysma - clinical implications	15 min	Dr Jeremy Wilson
2.05pm – 2.25pm	Dual plane deep reduction neck lift	20 min	Dr Francisco Bravo
2.25pm – 2.40pm	Safe submandibular gland reduction in seven steps	15 min	Dr Jerry O'Daniel
2.40pm – 2.55pm	Anterior cervicoplasty - the forgotten direct neckplasty	15 min	Dr David Caminer
2.55pm – 3.10pm	The scarless facelift	15 min	Dr Yan Trokel
3.10pm – 3.20pm	Discussion	10 min	



**20-21 February 2026**

Crown Conference Centre  
Melbourne

<b>3.20pm – 3.50pm</b>	<b>AFTERNOON TEA</b>		
<b>3.50pm – 5.40pm</b>	<b>SESSION FOUR- Moderator: Alenka Paddle</b>		
3.50pm – 3.55pm	Trade	5 min	
3.55pm – 4.10pm	Buccal fat pad herniation: the perfect facial augmentation flap and most under rated cause of lower facial aging	15 min	Dr Jerry O'Daniel
4.10pm – 4.25pm	Refinements in endoscopic brow lifting	15 min	Dr Raul Evora
4.25pm – 4.45pm	Decision-making in browlift technique selection	20 min	Dr Francisco Bravo
4.45pm – 5.00pm	The Gonial Triad	15 min	Dr Jerry O'Daniel
5.00pm – 5.30pm	Plastic surgery practice and special interests of our guest professors	20 min	Dr Jerry O'Daniel and Dr Francisco Bravo, Dr Yan Trokel
5.30pm – 5.40pm	Discussion	10 min	

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SATURDAY 21 <sup>ST</sup> FEBRUARY 2026			
8.00am – 8.30am	Registration		
<b>8.30am – 10.30am</b>	<b>SESSION FIVE- Moderator: Damon Thomas</b>		
8.30am – 8.35am	Trade	5 min	
8.35am – 8.50am	The gliding lip lift	15 min	Dr Jerry O'Daniel
8.50am – 9.05am	Philtrum accentuating upper lip lift	15 min	Dr Francisco Bravo
9.05am – 9.20am	What I have learnt works in upper blepharoplasty	15 min	Dr Bryan Mendelson
9.20am – 9.40am	Auto augmentation upper blepharoplasty: an aetiopathogenic approach to correcting the aging upper eyelid	20 min	Dr Francisco Bravo
9.40am – 10.00am	Augmentation lower lid blepharoplasty: a 35 year evolution	20 min	Dr Jerry O'Daniel
10.00am – 10.20am	Key points in correcting the aging lower eyelid deformity: preservation lower blepharoplasty with midface rim anchoring	20 min	Dr Francisco Bravo
10.20am – 10.30am	Discussion	10 min	
<b>10.30am – 11.00am</b>	<b>MORNING TEA</b>		
<b>11.00am - 12.25pm</b>	<b>SESSION SIX- Moderator: Bryan Mendelson</b>		
11.00am – 11.05am	Trade	5 min	
11.05am – 11.20am	The science of the surgical net	15 min	Dr Jerry O'Daniel
11.20am – 11.40am	Functional Tensegrity Cheek Lift and Facelift	20 min	Dr Jeremy Wilson
11.40am – 11.55am	Lymphatic Considerations in Facial Rejuvenation Surgery: A Comprehensive Analysis of Anatomical Principles and Surgical Implications	15 min	Dr Tim Papadopoulos
11.55am – 12.15pm	Neck lift after nonsurgical treatments: fibrosis, fat loss, and surgical complexity	20 min	Dr Jerry O'Daniel
12.15pm – 12.25pm	Discussion		
<b>12.25pm – 1.25pm</b>	<b>LUNCH</b>		

<b>1.25pm – 3.20pm</b>	<b>SESSION SEVEN- Moderator: Vachara Niumsawatt</b>		
1.25pm – 1.30pm	Trade	5 min	
1.30pm – 1.50pm	Regenerative structural facial fat transfer	20 min	Dr Jeremy Wilson
1.50pm – 2.05pm	Anatomy of facial beauty	15 min	Dr Bryan Mendelson
2.05pm – 2.25pm	Surg Y-lift	20 min	Dr Yan Trokel
2.25pm – 2.40pm	How to use the flexi grid	15 min	Dr Yan Trokel
2.40pm – 3.00pm	From Layers to Load-Bearing: Facial Biotensegrity – A Theoretical Framework for Next-Generation Facelift Surgery	20 min	Dr Tim Papadopoulos
3.00pm – 3.10pm	ASAPS Education	10 min	Dr Cameron Keating
3.10pm – 3.20pm	Discussion	10 min	
<b>3.20pm – 3.50pm</b>	<b>AFTERNOON TEA</b>		
<b>3.50pm – 5.00pm</b>	<b>SESSION EIGHT- Moderator: Cameron Keating</b>		
3.50pm – 3.55pm	Trade	5 min	
3.55pm – 4.10pm	Thoughts of a retiring plastic surgeon	15 min	Dr Bryan Mendelson
4.10pm – 4.30pm	Assessing results in aesthetic facial surgery: learning to see what works and what doesn't!	20 min	Dr Francisco Bravo
4.30pm – 4.45pm	Intraoperative facial nerve stimulation during subSMAS facelift	15 min	Dr Jerry O'Daniel
4.45pm – 5.00pm	Secondary Neck Lift: Managing the Unsuccessful Result After Facial Rejuvenation Surgery	15 min	Dr Francisco Bravo
Closing Remarks- Graeme Southwick			